



Junior Activities Patch Program

American Legion Auxiliary Junior members can be active participants of the organization with the Patch Program. Regardless of where one lives, and whether she belongs to an active Junior group, Junior Auxiliary members can serve their communities, veterans and learn about patriotism, health, fitness and leadership through this program.

Each sheet explains the criteria and what a Junior member must accomplish in order to earn a specific patch. When the activities are completed, an adult or Senior member must sign the form to verify that the Junior has met the patch criteria.

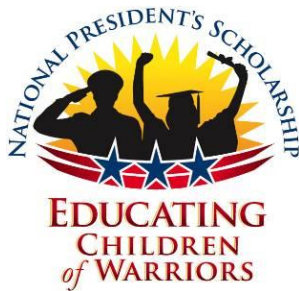
There are three levels of patch criteria:

- Red—Level 1: Kindergarten through 3rd grade
- Gold—Level 2: 4th grade through 8th grade
- Blue—Level 3: 9th grade through 12th grade (or 18 years old)

**Please send completed forms to your
Department Junior Activities Chairman.**

Additional Patch Sheets are available at:
www.ALAforVeterans.org

For questions and comments, please contact the
National Junior Activities Committee at
junioractivities@ALAforVeterans.org or 317-569-4500



SPECIAL JUNIOR PATCH

The National Presidents' Scholarship provides scholarships to deserving children of our nation's veterans and servicemembers who have sacrificed greatly due to their parents' dedication to defending America and our values.

A special Junior patch has been created for our Junior members to be involved in raising money for the National Presidents' Scholarship Fund. Help get the word out to all our Junior members! We hope every Junior will be involved in some activity to raise money for scholarships, which are funded by the Educating Children of Warriors Fund. Most Juniors will become eligible for this scholarship, so they may be personally impacted by their fundraising efforts.

Any Junior can earn this patch if she raises at least \$5 for each year she is old. For example, a 17-year-old would raise a minimum of $17 \times \$5 = \85 .

Donations can be raised a variety of ways. Juniors can solicit donations from family, friends, Legion Family members or contribute themselves. Fundraising activities can be coordinated, such as bake sales or other sales, etc. Funds can be raised individually or as a group, but each Junior receiving this patch needs to have raised the required minimum funds for their age. The goal is for the youth of our organization to be involved and aware of the scholarship project. Checks should be made out to *National Treasurer, American Legion Auxiliary with National Presidents' Scholarship* in the memo line.

Get involved today!

To receive the patch, complete the following and send it with the donation to:
American Legion Auxiliary National Headquarters
Attn: Development
8945 N. Meridian St.
Indianapolis, IN 46204

Name of Junior: _____ Age: _____ Unit: _____

Address: _____

City: _____ State: _____ ZIP: _____ Phone: _____

Amount raised: \$ _____ (\$5/year of age) Department of: _____

Optional: Tell us about how you raised the money (You may use the back of the page if needed):



AMERICANISM PATCH

BLUE LEVEL 3

(Grade 9th-12th)

Educate yourself about the rights and responsibilities of an American citizen

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
1	Learn how to properly fold the American flag.		
2	Volunteer to work on a political campaign in your community, county or state.		
3	Learn about the Veterans History Project. Interview at least two veterans and preserve their stories. Send your project to the Library of Congress.		
*4	Create a plan to participate in the Pocket Flag program and include friends, family and other service groups.		
5	Participate in The American Legion National High School Oratorical Program.		
6	With a senior advisor, present a Blue Star Banner to 3 or more families who have a family member serving in the military and thank them for their sacrifice.		
7	Learn a flag ceremony and perform the ceremony at school, a unit meeting or in your community and explain the meaning.		
*8	Learn the three legislative branches of government and the function of each. Share the information with an adult.		
9	Interview a new citizen of the United States and ask what freedom means to them.		
*10	Write your state legislators a letter regarding veterans or the American Flag amendment.		
11	Select three past Presidents of the United States. Research and write a paragraph about their contributions to America. Attach your answer to this form.		
12	Participate in a citizenship and naturalization ceremony and hand out American flags, or write a short paper on the steps to becoming an American citizen. Attach to this form.		

Name of Junior Member: _____

Grade: _____ Unit # _____

Department _____



COMMUNITY SERVICE PATCH BLUE LEVEL 3

(Grade 9th-12th)

*Enhance the quality of life in your community through
caring and sharing*

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
1	With the help of an adult, get a library card, check out and read a minimum of ten books; volunteer to read stories to younger children.		
2	Mentor or tutor a friend or classmate by assisting them with reading, math, spelling or using the computer. Keep a log of your time and accomplishments.		
*3	Volunteer at least two (2) hours a week in your local hospital, senior center, school, church or community for a total of eight (8) weeks. Keep a log of your activities.		
4	Organize a group of volunteers from your school, community, unit or church to work at a local hospital, library, charity or community event.		
5	Organize a fundraiser in your community to raise money for your charity of choice.		
6	Learn about organ and tissue donation and help educate others about its importance. Give a presentation at a unit or community meeting to help educate the public about this subject.		
7	With help from your family and friends, purchase and plant trees in a local park or playground.		
*8	Participate in the Family Support Network by helping an active duty family in need (Ex. offer to babysit or do yard work). Share your plans with others and ask for support.		
9	Volunteer to help your unit or post with community service activities.		
10	Plan a neighborhood party and help to organize an emergency escape plan.		
*11	Create a listing of emergency contact numbers (by contacting city offices for information) and share the information with family, friends and neighbors.		
12	Work with your local blood bank to organize a blood drive at your school, community center or unit.		

Name of Junior Member: _____

Grade: _____ Unit # _____

Department _____



EDUCATION PATCH BLUE LEVEL 3

(Grade 9th-12th)

*Educate yourself about the rights and responsibilities
of an American citizen*

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
1	Apply for an American Legion Auxiliary or American Legion scholarship.		
2	Volunteer to help in an after-school reading program.		
3	-Learn about the Veterans History Project. Interview at least two veterans and preserve their stories. Send your project to the Library of Congress.		
*4	Tutor another student or adult on an educational topic (reading, math, history, or another subject) for a minimum of five (5) hours.		
5	Participate in The American Legion National High School Oratorical Program.		
6	Organize a group of students to collect educational items for your school and apply for the "Give 10 to Education" certificate.		
*7	Raise \$25 for the National Presidents' Scholarship. Monies raised should be mailed directly to National Headquarters c/o Development. Submit a copy of the check with this form.		
8	Work with your teacher(s) to invite a veteran into your classroom.		
*9	Read a minimum of five novels or five non-fiction books during the school year. Provide a written log of the books you have read.		
10	Prepare a report on an important event in history for your US History class or an English class.		
11	Volunteer at a National Guard Youth group for five (5) hours.		
12	Organize a patriotic activity in your community in collaboration with the American Legion Auxiliary, The American Legion, and mayor or selectmen.		

Name of Junior Member: _____

Grade: _____ Unit # _____

Department _____



HISTORY PATCH BLUE LEVEL 3

(Grade 9th-12th)

*Educate yourself about the history of the American Legion Auxiliary and
The American Legion Family*

Level 3: Twelve (12) possibilities; **Three* (3) activities are required;** Six (6) are your choice. A total of Nine (9) activities must be completed from the Twelve (12) choices.

No.:	Activity:	Date:	Adult Signature:
*1	Interview at least two ALA members for the <i>Members Remember</i> project. Post your video interviews on YouTube.com. Information can be found on the National History Committee page of the Members Only section at www.ALAforVeterans.org.		
2	Learn about the Veterans History Project. Interview at least two veterans and preserve their stories. Send your project to the Library of Congress www.loc.gov/vets .		
3	Contribute to your unit's ALA Senior History Book. Focus on who we are, what we do and why it matters.		
*4	Contribute to your unit's ALA Junior History Book.		
5	Contribute to and/or start a unit history museum to capture the impact the ALA has had on your community.		
*6	Research and do a presentation on the history of your unit. Present it to your Junior unit, or at a unit or post meeting.		
7	Research current, former or deceased members of your Legion Family (unit, post or squadron) who made a significant contribution to your community.		
8	Organize a <i>Veterans in Community Schools</i> presentation. Work with a veteran in your post, and find a school or classroom in which to make a presentation.		
9	Organize a library of past issues of <i>Auxiliary</i> magazine for your unit. Make special notation of issues with articles relevant to your unit or department.		
10	Start a Blue Star/Gold Star Mothers and Families database for your unit.		
11	Start an ALA Girls State database for your unit: who your unit sponsored, what offices the girls held, and if anyone went on to ALA Girls Nation.		
12	Start a Poppy Program History: Keep track of your unit's Poppy Poster Contest, Miss Poppy, and Little Miss Poppy winners. Make special notation of those who also went on to win at the department or national level.		

Name of Junior Member: _____

Grade: _____ Unit # _____

Department _____



LEADERSHIP PATCH BLUE LEVEL 3

(Grade 9th-12th)

Learning to be a leader...you are the future of our organization

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity	Date	Adult Signature
*1	Learn the common terms used in Parliamentary Procedure.		
2	Hold or participate in a meeting that follows Parliamentary Procedure.		
3	Participate in a mock trial at your school or plan to hold your own on an issue that affects teens. Include the roles of prosecutor, district attorney, judge, jurors, witnesses and defendant.		
4	Attend Girls State and report about your experiences to your sponsoring unit.		
*5	Take the written Junior Auxiliary or Senior Auxiliary Leadership Course.		
6	Attend a City Council meeting and observe how they accomplish their tasks.		
7	Instruct other Junior members on how to be a good leader by hosting an event with games that emphasize leadership skills (Simon Says, relay races, scavenger hunts, etc.).		
*8	Decide on one leadership quality you want to improve on over the next 30 days. Write out your commitment and monitor your progress with a family member or unit leader once a week.		
9	Choose a female leader that you have read or about whom you have heard. Write an essay about her and attach it to this sheet.		
10	Learn and recite the Preamble to the Constitution of the American Legion Auxiliary.		
11	Select a mentor (family friend, grandmother, teacher or your unit advisor) who is a person you can get real life advice from, someone who is a role model, and ask your them to sign your patch sheet.		
12	Volunteer to work with Senior Auxiliary members or other senior groups on special projects that benefit others.		

Name of Junior Member: _____

Grade: _____ Unit # _____

Department _____



MEMBERSHIP PATCH BLUE LEVEL 3

(Grade 9th-12th)

Your eligibility for membership is a gift from a veteran

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
1	With the support of your Junior advisor or family member, start a Junior group in your community.		
2	Host a heritage celebration in your Junior or Senior unit or district. Have each member share three (3) things about their experiences in the American Legion Auxiliary.		
3	With the help of a Junior advisor or Senior member, create a plan on how to recruit more members into the organization.		
4	With the support of Senior members, volunteer at a community event, fair or social and promote the American Legion Auxiliary.		
5	Learn about the history of your unit.		
6	Invite five (5) friends to join the American Legion Auxiliary.		
*7	Learn 20 interesting facts about the American Legion Auxiliary and share them with two (2) adults.		
*8	Learn five (5) interesting facts about The American Legion and the Sons of The American Legion and share them with two (2) adults.		
9	Attend at least eight (8) Junior or Senior meetings in a year.		
10	Plan a membership drive and share your plans with your senior members or two (2) adults. Answer this question: <ul style="list-style-type: none"> • How can your unit do a better job of retaining and recruiting members? 		
*11	Learn the eligibility dates and criteria for becoming a member of the American Legion Auxiliary.		
12	Wear your American Legion Auxiliary unit pin to all Auxiliary functions.		

Name of Junior Member: _____

Grade: _____ Unit # _____

Department _____



NATIONAL SECURITY PATCH BLUE LEVEL 3

(Grade 9th-12th)

Educate yourself about Emergency Preparedness

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
*1	Draw a home fire-escape plan and conduct a home fire drill.		
*2	Prepare a list of emergency numbers for your home and put them in a convenient place.		
*3	Find out who your community disaster/emergency coordinator is and write a short essay on her/his job description.		
4	Conduct a demonstration for five (5) people on the procedure of putting out a person on fire by using "stop, drop and roll."		
5	Research the website for National Crime Prevention Month and write an essay on your research - http://www.ncpc.org/programs/crime-prevention-month		
6	Assist in organizing a crime prevention program in your community, such as Neighborhood Watch or Community Watch, or write an essay on the benefits of having such a program in your community.		
7	Take a CPR (cardiopulmonary resuscitation) certification course.		
8	Inspect your home for potential hazards, make a list and explain how they can be corrected.		
9	Work with your local unit and conduct a coupon clipping drive for deployed servicemembers.		
10	Research natural disasters such as tornado, hurricane, flooding, earthquakes, chemical and biological attacks, and write an essay about these disasters. Attach your report to this form.		
11	Learn the difference between bullying and cyberbullying. Write an essay about what you can do to prevent bullying and cyberbullying. Give your essay to your Junior Activities Chairman or present at your school with permission.		
12	With an adult's permission, make and send cards to our servicemembers stationed overseas (for example: Valentine's Day, Thanksgiving and Christmas).		

Name of Junior Member: _____

Grade: _____ Unit # _____

Department _____



PHYSICAL FITNESS PATCH BLUE LEVEL 3

(Grade 9th-12th)

Taking care of our bodies and minds

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
*1	With your doctor's permission, do aerobic exercise (cycling, running, swimming, etc.) for at least 6 weeks and keep a fitness log.		
*2	Learn the new food pyramid and share it with your Junior group, friends and family.		
3	Volunteer in a sports program that helps children with disabilities.		
4	Volunteer at a sports clinic in your community to help young children develop better fitness habits.		
5	Attend an American Legion Auxiliary Junior camp or Leadership program.		
6	Join your local YMCA or fitness center and go there twice a week for three (3) months.		
7	Talk to your physical fitness teacher or instructor about activities you can do at home to help maintain healthy habits.		
8	Volunteer to walk your neighbor's dog or rake leaves. You may get other Junior members to help.		
9	Research the effects of smoking. Create a non-smoking campaign for your Junior unit, school or church.		
*10	Learn about breast cancer. Research on the Internet, library or by contacting your local Cancer Society. Share with others what you learned.		
11	Create a program for younger members or neighbors and teach them about healthy eating habits.		
12	Research your family's health history.		

Name of Junior Member: _____

Grade: _____ Unit # _____

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POPPY PATCH BLUE LEVEL 3

(Grade 9th-12th)

The symbol of sacrifices our veterans have made

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
1	Write a Letter to the Editor to educate the public about the poppy story and send it to your local newspaper. Send a copy to your school paper, church bulletin or unit newsletter.		
2	To ensure year-round awareness, participate in a community event and distribute poppies in honor of our veterans.		
*3	With the help of an adult, recruit three (3) friends to help you distribute poppies in your neighborhood, Post home, or community.		
4	Contact local organizations (ex. Boy and Girl Scouts, local service groups, college sororities, etc.) and tell them about the poppy. Ask them to wear or help distribute poppies.		
5	Attend a local service club meeting (ex. Lion's Club, Optimist, etc.) and tell how poppies are made and what they represent. Have poppies available to present to meeting attendees.		
6	Request a Poppy Proclamation from your town mayor and ask your local paper to publicize it.		
*7	Learn seven (7) facts about the poppy and share them with an adult.		
8	Learn how to make a crepe paper poppy.		
9	Learn where poppies are made in your state and by whom.		
10	Contact your local government officials and ask them to wear a poppy during Poppy Week; include a message about the meaning of the poppy.		
11	Interview two (2) veterans and ask them to tell you what the poppy means to them.		
*12	Make three (3) poppy corsages for family members, unit members or someone special in your life.		

Name of Junior Member: _____

Grade: _____ Unit # _____

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TECHNOLOGY PATCH BLUE LEVEL 3

(Grade 9th-12th)

Empowering our youth as they guide others with technology

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
1	Share your Facebook or other social network page with a friend or family member not familiar with social networking & explain the benefits. Help create their own page & become "friends".		
*2	Practice Internet Safety; research internet safety and write an internet safety pledge. Give a copy to your parents/guardians.		
*3	Promote National Presidents' Scholarship on your social network. Provide information on eligibility, awards & application process.		
4	Volunteer to be the Administrator for a Department Facebook or other social network page with senior member's guidance & approval.		
*5	Become a fan of the "American Legion Auxiliary Juniors" Facebook page. Post your Junior groups activities/events.		
6	Offer to help maintain and update your Department's ALA website, with their assistance, guidance & approval.		
7	Submit your local Unit's meeting schedule to local newspapers/online calendars via email for online & print publication.		
8	Subscribe to American Legion Auxiliary e-News online & disseminate the information to others.		
9	Mentor or tutor an adult by assisting them with the use of computers for at least 10 hours. Keep a log of your time.		
10	Show three adults the benefits of text messaging. Train them how to text message. Explain the advantages and disadvantages.		
11	Create your own Twitter account and "tweet" at least monthly about the ALA such as Unit events, Girls State/Nation, membership, National Presidents' Scholarship, etc.		
12	With Junior Chairman's approval, submit a "Letter to the Editor" or "Community Thank You" letter to your local newspaper via email, expressing gratitude to individuals, organizations or companies that were instrumental in a Unit/Post community service event.		

Name of Junior Member: _____

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VETERANS AFFAIRS & REHABILITATION PATCH BLUE LEVEL 3

(Grade 9th-12th)

We assist and enhance the lives of those who have served our country

Level 3: Fifteen (15) possibilities; Three* (3) activities are required; Six (6) are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number:	Activity:	Date:	Adult Signature:
*1	Send 15 greeting cards to hospitalized or ill veterans in VA Hospital, nursing home or senior home.		
2	Research the USO or Fisher House and write a short essay about one of the organizations. Attach the essay to this form.		
3	With help from a senior member or adult, plan or participate in a homecoming for veterans returning from overseas.		
4	With help from an adult, plan a canned food drive and donate what you collect to help homeless veterans or a veterans' food pantry.		
5	Participate in the Veterans History Project. Interview at least two (2) female veterans in your area and preserve their stories. Send your project to the Library of Congress.		
6	Become a VolunTeen in a VAVS facility or volunteer in a local senior home or nursing home.		
*7	Write a letter to the American Legion Auxiliary National President and tell her why you appreciate our veterans.		
*8	Research the National Veterans Creative Arts Festival and explain to your Junior group or unit what it does for veterans.		
9	Visit a veteran in a VA Hospital or VA home and ask them to share stories about serving our country. Tell them why you appreciate them.		
10	Keep a journal for three (3) months about your experiences with visiting veterans, your observations and suggestions on how to help them in the future.		
11	With the help of your unit or post, plan and participate in a stand down for homeless veterans.		
12	Write and send five (5) letters to your state legislators regarding veterans' issues.		
13	Plan an event for veterans for Make A Difference Day. Promote your event to your post and unit, school, and/or church.		
14	Work with your Junior unit, church or school to make at least 25 tray favors for veterans in a VA home, nursing home or senior center for various holidays.		
15	Participate in three (3) activities at a VA home or nursing home (for example: bingo, reading, serving coffee, crafts).		

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